



## Preparing for Tomorrow . . . .

As we respond today and prepare for tomorrow, the Division of Aging and Adult Services strives to assure that older adults and adults with disabilities:

- Are free from abuse, neglect, and fraud.
- Have access to in-home and community-based services when needed.
- Have a high quality of life when long-term facility care is necessary.
- Actively participate in program development and policy decisions.
- Have access to volunteer and employment opportunities.

In addition:

- Family caregivers receive adequate support.
- Comprehensive information and assistance programs are available statewide.
- The overall health and wellness of older adults and adults with disabilities continue to improve.
- Diversity is celebrated and health disparities are addressed.
- Excellent customer service, with a focus on quality and efficiency, is a priority.

## The North Carolina Division of Aging and Adult Services

Department of Health and Human Services

*Location address:*

693 Palmer Drive  
Raleigh, NC

*Mailing address:*

2101 Mail Service Center  
Raleigh, NC 27699-2101

[www.ncdhhs.gov/aging/](http://www.ncdhhs.gov/aging/)

Phone: (919) 733-3983

Fax: (919) 733-0443

Or, you can connect to us toll-free  
through the CARELINE:  
1-800-662-7030



State of North Carolina • Michael F. Easley, Governor

Department of Health and Human Services  
Carmen Hooker Odom, Secretary

Division of Aging and Adult Services  
Dennis E. Streets, Director

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# Responding Today... Preparing for Tomorrow



## The North Carolina Division of Aging and Adult Services





## The North Carolina Division of Aging and Adult Services

Established by state law in 1977 to plan, coordinate, oversee, and promote services for older North Carolinians, the Division's mission grew to include adult social services in 2003. Today, the Division works with many partners, including the state's 17 Area Agencies on Aging, 100 County Departments of Social Services, local departments and councils on aging, senior centers, universities and schools, and other public and private organizations and businesses. We also work closely with the North Carolina Senior Tar Heel Legislature and the Governor's Advisory Council on Aging.

Together with our partners, we promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a community-based system of opportunities, services, benefits, and protections. Helping ready younger generations to enjoy their later years is also one of our priorities.

*We can do a lot to promote the quality of a longer lifespan. Today, adults have a much wider range of options that allow them to remain in their homes and communities...*

*Ann Johnson*

*Chair, Governor's Advisory Council on Aging*

## Responding Today . . .

The Division leads many of North Carolina's initiatives and advocacy efforts for older adults, adults with disabilities, and their families. We administer and manage federal funds such as the Older Americans Act and portions of the Social Services Block Grant as well as state-funded services. Examples of services, programs, and assistance administered by the Division and provided predominately by our partners at the local and regional levels include:

### For Older Adults and Adults with Disabilities . . .

- Adult day care and adult day health
- Adult protective services and guardianship
- Case management
- Congregate and home-delivered meals
- Consumer fraud protections
- Employment assistance
- Health and wellness programs
- Housing and home improvement
- In-home aide services
- Information and assistance
- Legal services
- Long-term care ombudsman services
- Prescription drug resource information
- Transportation
- Volunteering and enrichment activities

## Specifically for Older Adults . . .

- Information about retiring to North Carolina
- Senior Centers
- Senior Community Service Employment Program
- Senior Companion Programs
- Senior Education Corps
- Senior Games

## For Family Caregivers . . .

- Counseling and support groups
- Information and assistance
- Resources for grandparents raising grandchildren
- Respite care
- Training opportunities
- Other individualized services

## For Service Providers . . .

- Disaster preparedness support
- Local planning assistance and information
- Professional trainings, conferences, and forums
- Reimbursement and monitoring assistance
- General technical assistance and consultation

## For members of private organizations, government entities, media outlets, and businesses . . .

- Creating communities and workplaces that are senior friendly
- Educating and assisting with data and other resources